



Youth Empowerment Services



Helping Oakland youth, children and their families imagine a hopeful future

A Service of East Bay Agency for Children (EBAC)

Oakland children and youth face many barriers to creating and achieving healthy goals, which often hinder their ability to dream and look to the future. Growing up under structures of systemic racism, exposed to poverty, and witnessing violence can increase their risk of truancy, gang involvement, committing crimes, isolation or depression.



Using a coaching centered, trauma-informed, culturally aware and strengths-based approach, EBAC's Youth Empowerment Services offers coaching opportunities to stabilize youth, children and their families by increasing hope, building healthy relationships, linking to resources, and reducing or preventing at-risk behaviors to minimize the risk of involvement with the juvenile justice system.

WHAT WE DO

CASE MANAGEMENT AND COACHING FOR CHILDREN AND YOUTH WITH GOALS TO:

- Increase peer group social skills and promote building healthy relationships
- Connect to positive and constructive opportunities including employment, internships, extracurricular activities, and support with obtaining driver's license/I.D., etc.
- Learn how to access and navigate community resources and services
- Enroll or re-enroll students in school (public, charter, or alternative education)
- Improve academic performance through creating educational support plans and connecting to tutors
- Complete mandated court requirements

Case management and coaching is typically offered for up to 6-12 months. Counseling, case management and coaching services offered in Spanish and English.

Intervention services are available through East Bay Agency for Children as part of Alameda County's Delinquency Prevention Network.

FAMILY COUNSELING

Families receive counseling sessions from a mental health clinician to:

- Stabilize family relations
- Improve parent/caregiver and youth/child communication
- Help families navigate education system
- Help families access community resources
- Improve families' ability to advocate for their child

Up to 5 family counseling sessions are provided with opportunities for additional sessions when needed.

CRISIS INTERVENTION

For youth referred to Malabar House, EBAC offers youth:

- Re-settlement into the home
- Development of a plan to avoid future crisis
- Help in accessing additional resources to support keeping families together

CONTACT US

To inquire about services, contact Jose Padilla-Hernandez, Program Director, at Jose.Padilla-Hernandez@EBAC.org or (510) 381-9150

To be eligible, a youth and child must be:

- An Oakland resident, aged Age 8 to 21
- At-risk of future involvement in Juvenile Justice system

ADDITIONAL EBAC SERVICES

- Intensive therapeutic services for preschoolers and for youth in special education experiencing severe emotional difficulties
- Counseling for children and youth impacted by trauma
- Outreach and enrollment for public benefits and safety net services plus family case management
- Family education including grief support services
- Consulting with organizations to create trauma-informed policies, practices and workforce



Youth can scan this QR code to complete a confidential online inquiry form

EAST BAY AGENCY FOR CHILDREN

EBAC.ORG

Services 100% FREE

No insurance needed